

Community Advisory Committee - Meeting Minutes

McCurdy Place | 130 McCurdy Road March 8, 2021, 6:00 – 6:45 | Zoom

1) Welcome, land acknowledgement and introductions

• The Facilitator welcomed attendees and began the meeting.

2) CAC Purpose and Terms of Reference

• The Facilitator reviewed the Terms of Reference

3) Update on McCurdy Place

- CMHA Kelowna
 - i) Move-ins are anticipated to start on March 22nd.
 - ii) Staff are present at McCurdy Place and familiarizing themselves with the building and the neighbourhood
 - iii) CMHA Kelowna is still conducting community tours of the building, tours are open to members of the committee if interested
- BC Housing
 - The move in date was delayed because of a shipping delay from the furniture supplier

4) McCurdy Place – Roundtable Discussion

- Challenges or concerns
 - i) Community Representative: Members of the Rutland community have attended tours and are impressed with the building.
 - ii) Community Representative: Was unaware the units will be furnished, what does that look like?
 - CMHA Kelowna: All units have a bed, kitchen table with chairs, arm chair, nightstand and dresser. Residents will also be provided with household essentials such as cutlery, pots and pans, bedding, etc. Each floor will also have a resident lounge that provides a common space with a television.
 - iii) Community Representative: Will there be opportunities for the residents to be busy? Wondering how far the work/employment program has gotten? What

about recreation opportunities for the residents?

CMHA Kelowna: McCurdy Place has a Recreation Worker on staff who has many years of experience working with adults with mental health and substance use challenges. Recreation opportunities, which include activities and life/job skills, will be available, and further recreation opportunities will be developed with the residents' input in tandem with their interests. Examples include: Cooking classes, ball hockey, community gardening, art days etc. Nancy has also communicated interest in providing volunteer opportunities for residents to work at the Rutland Hospital Auxiliary Thrift Store.

- iv) Community Representative: The Mental Health and Substance Use (MHSU) supports that are on-site at McCurdy, when are they available for residents?
 - CMHA Kelowna: MHSU supports will be available 7 days a week. At this time specific shifts are undetermined as they may change based on the needs and engagement of residents.
- v) Community Representative: What does the move-in process look like? Are all residents moving in on the same day?

BC Housing: The move-in dates are pre-scheduled with the residents and will be staggered over the week. Move-in dates and times are relatively flexible based on when the resident's supports are available if they are assisting with the move-in process.

5) Opportunities

Strong Neighbourhoods Program: Provides small grants for neighbourhoods to create means of community connection. Prior to the pandemic the program supported communities in hosting block parties. Taking into account COVID-19 there are still options for how community engagement can be developed. Options include little free libraries, small garden spaces, and virtual art classes. Community spaces create opportunities for neighbours to bump into each other and connect. The program can problem solve challenges in the neighbourhood that are being noticed; ex. graffiti hotspot can be turned into a mural. The program is open to ideas. Grants are provided 3 times a year, the March deadline just passed and the next intake is in June. More information on the website: kelowna.ca/neighbourhoods

6) Action items and next steps

 CMHA Kelowna – work towards establishing an ongoing meeting time or scheduling meetings well in advance to allow committee members plenty of time to plan • Committee Members – Ensure terms of reference agreement has been signed and return to **Jessica Samuels** at **jessica.samuels@cmha.bc.ca**

Next Meeting Date: Will be scheduled and sent out to Committee Members

